RESEARCH ARTICLE



REVISED Awareness of asthma and its management in primary

school teachers in Baghdad, Iraq [version 2; peer review: 2

approved]

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V2 First published: 30 Mar 2022, 11:367 https://doi.org/10.12688/f1000research.73495.1 Latest published: 26 Sep 2022, 11:367 https://doi.org/10.12688/f1000research.73495.2

Abstract

Background: Asthma is a major global health issue characterized by chronic airway inflammation. It is linked to a high disease burden and disproportionately high healthcare utilization in severe, uncontrolled cases compared to non-severe asthma. We aimed to conduct this survey among primary school teachers in Baghdad, Iraq, to assess their level of knowledge about asthma and confidence in managing school children with asthma.

Methods: This was a cross-sectional study conducted in Baghdad. The study adopted a questionnaire for assessing the asthma knowledge and confidence scores regarding the management of asthmatic children. This questionnaire contained 29-multiple true-false questions based on different aspects, including facts about asthma and the management of asthma by teachers. The questionnaire for testing teachers' knowledge of asthma and confidence scores regarding the management of asthmatic children was distributed to 150 teachers.

Results: The questionnaire was completed by 103 teachers.. Approximately 71% of teachers answered the question 'What are the three main symptoms of asthma?' correctly i.e., answering either one symptom (35.9%) or two symptoms (35.9%) correctly. A relatively smaller number of teachers (16.5%) mentioned all three symptoms correctly. Across the 29-multiple true-false questions, more than 75% of teachers answered 11 questions correctly, 50-74% of teachers answered the rest of eight questions appropriately, and <50% of teachers answered the remaining 10 questions properly. The statistical evaluation indicated that the mean total knowledge score about asthma for all the teachers was 20.27 ± 2.97 and the mean total confidence score regarding the management of asthmatic children was 72.44 \pm 13.61.

Conclusions: This study suggests that teachers from the schools in Baghdad appear to be self-confident in their ability and knowledge to help and manage children with asthma.



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Any reports and responses or comments on the article can be found at the end of the article.

Keywords

primary school, teachers, knowledge, confidence, asthma, management, children



This article is included in the Sociology of

Health gateway.

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Author roles: R. M. Salih M: Conceptualization, Data Curation, Formal Analysis, Investigation, Methodology, Validation, Visualization, Writing – Original Draft Preparation, Writing – Review & Editing; Y. Abd A: Data Curation, Formal Analysis, Investigation, Methodology, Writing – Original Draft Preparation, Writing – Review & Editing; Adnan Fawzi H: Writing – Review & Editing

Competing interests: No competing interests were disclosed.

Grant information: The author(s) declared that no grants were involved in supporting this work.

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How to cite this article: R. M. Salih M, Y. Abd A and Adnan Fawzi H. Awareness of asthma and its management in primary school teachers in Baghdad, Iraq [version 2; peer review: 2 approved] F1000Research 2022, 11:367 https://doi.org/10.12688/f1000research.73495.2

First published: 30 Mar 2022, 11:367 https://doi.org/10.12688/f1000research.73495.1

REVISED Amendments from Version 1

In this new version we addressed the notes presented by the reviewers (much appreciate their efforts to improve the article) which enhanced the presentation of our work, and give more clarity in our methodology.

Any further responses from the reviewers can be found at the end of the article

Introduction

Asthma is one of the most common chronic diseases in children globally.¹ During the last 40 years, there has been a significant rise in the prevalence, morbidity, and mortality related to asthma in children worldwide.² As per the World Health Organization (WHO), there are more than 339 million asthmatic cases globally.³ The global death rate in asthmatic children is 0 to 0.7 per 100,000 people and asthma is listed in the top 20 conditions globally for disability-adjusted life years in children.² The incidence of asthma in Baghdad, Iraq, is closely 22%.⁴ In a cross-sectional study carried out between October 2000 and June 2002 conducted by Al-Thamiri D *et al.*, in Baghdad, Iraq, asthma was diagnosed in approximately 82% of primary-school children who had experienced wheezing and difficulty breathing in the last 12 months at the time of the administration of the questionnaire.⁵

It is an important causative factor for school absenteeism in children and decreased involvement of children in school activities.^{6,7} Meng YY *et al.*,⁶ reported that students with frequent asthmatic symptoms and those who were on asthma medications had increased likelihood of missing school. As per a review by Elif Isik RN *et al.*,⁷ uncontrollable asthma leads to a significant rise in visits to an emergency room, hospitalization, and school absenteeism that eventually contributes to emotional and financial problems for parents, and decreased school performance in children. School activities including extracurricular activities are restricted in asthmatic children, and uncontrollable asthma affects social interactions and self-confidence in children.

Most of the schools in Baghdad do not have full-time nurses to manage children with asthma. These circumstances lead to imparting the responsibility of managing school children with asthma onto the non-medical staff or schoolteachers. Various studies have reported that schoolteachers have inadequate awareness about asthma and the management of asthma among school children.^{8–11} Therefore, it is recommended to train schoolteachers on specific aspects of asthma and its management for school children. The study aims to assess teachers' current knowledge about asthma and to infer the need for teacher training around asthma and asthma management in school children. Therefore, we aimed to conduct this survey among primary school teachers in Baghdad, Iraq, to assess their level of knowledge about asthma and confidence in managing school children with asthma.

Methods

Ethics approval

The study has been approved by the Ethical Committee of the Ministry of Higher Education and Scientific Research Al-Rasheed University College, Department of Pharmacy (approval number 121) on the 3rd of September, 2019. There was no established ethical committee for controlling such research purposes at the governmental authority in charge of primary schools in Iraq.

Informed Consent

Written informed consent was obtained from all the participants. Oral consent was taken from the principal of each school before distributing the questionnaire to the teachers (since the principal of each school did not participate in the actual study, and only the ethical committee was responsible for approving the protocol, the approval of the principal was a courtesy from the research team to inform the principal about the study).

Participant recruitment

This was a cross-sectional study. A sample of eight primary schools in Baghdad was targeted during this investigation. All the teachers (excluding support staff, i.e., non-teaching staff) were invited to participate in the survey. The Ministry of Education provided us with a list of the primary schools in Baghdad, including urban and rural (all school must teach primary level students), private and public schools, and education level of the teachers. We randomly selected schools based on this list (we used the excel program to generate random model for selecting the school). The teachers received letters; the letters outlined the study's purpose as well as the instructions for filling out the questionnaire that was attached. Before the teachers administered the questionnaire we went to the schools and explained the questions and directives in further detail. The selected schools must have students with asthma, the schools must be coeducational (both girls and boys), and the teachers must have at least five years' experience in the education sector to be included in the study.

The study was conducted during the period of 1^{st} October – 30^{th} November 2019. The aim was the assessment of asthma knowledge of schoolteachers and their confidence level in the management of children with asthma.

Study design

The study adopted the modified Newcastle asthma knowledge questionnaire from the Al-Motlaq and Sellick $(2013)^{20}$ study, who modified the questionnaire developed by Fitzclarence *et al.* (1990), from the University of Newcastle, New South Wales, Australia.¹² This modified questionnaire changed the format of the questionnaire to true-false and replaces four of the questions; in total the questionnaire contained 29 multiple true-false questions based on different aspects, including facts about asthma and the management of asthma (see examples one and two below), and one open-ended question on the three symptoms of asthma resulting in 30 questions in total (20-22).

Translation and cross-cultural adaptation

Al-Motlaq and Sellick's score was translated and cross-culturally adapted in accordance with the 'Guidelines for the Process of Cross-Cultural Adaptation of Self-Report Measures'.²¹ Two clinical pharmacists (Muhannad Salih and Arwa Abd) who are native Arabic speakers with outstanding English language skills translated the scale into Arabic. The original short form of the scale, as well as the two translations, were evaluated and discussed with a third clinical pharmacist (Hayder Fawzi) in order to fix any conceptual flaws or conflicts and create one Arabic version of the scale. The scale was then re-translated into English by two native English speakers with good Arabic language skills who were unaware of the original version of the questionnaire or the study's goal.

Interpretation of the questionnaire

Two of the 29 true-false questions regarding 'knowledge' of asthma are set out as follows in the examples: 1. 'More than one in 10 children will have asthma at some time during their childhood', and 2. 'Children with frequent asthma should have preventive drugs'. The open-ended question on three symptoms of asthma is as follows: 'What are the three main symptoms of asthma?'.

Each question received a score '1' if a correct answer is given for each of the 29 true/false questions, and the final openended question received a score of '1' for each correctly identified symptom of asthma with a maximum of three points. Incorrect answers were given a score of '0' for all 30 questions. This means the range of scores on 'knowledge' is 0-32 (0=no correct responses or symptoms identified; 32= all correct responses and three correct symptoms identified in the open-ended final question). The asthma knowledge questionnaire has been proven reliable in the previous studies.¹²⁻¹⁵ Total asthma knowledge score was estimated based on the accurate responses given to each question by teachers with a maximum test score of 32, additionally we divided the answer into three groups based on percentage of answered correctly: more than 75%, between 50 – 74%, and less than 50%.²²

A questionnaire for confidence scores previously developed by Al-Motlaq and Sellick $(2013)^{20}$ was also used in this study. The confidence scores of teachers regarding the management of asthmatic children were assessed by a question-naire²³ comprising nine questions as cited in Table 2, for example, a couple of questions are as follows: 1. 'Keeping asthma from getting worse when the student starts to wheeze or cough' 2. 'Giving the appropriate medications to the student during an asthma attack'.

Next, the participating teachers were questioned to rate their confidence level on each element/question by putting an 'X' spot on a visual analogue scale of 10 centimetres that ranged from one (means not confident at all) to 10 (means fully confident).^{12,24}

Data collection and follow-up

As shown in Figure 1, teachers from eight schools participated in the study. The questionnaire was distributed to 150 teachers in total, the distribution of the questioner was done in person by the investigators. 103 teachers (68%) completed the questionnaire in full, the questionnaires were distributed by the authors of this study by direct personal interview to ensure complete understanding of the content of the questionnaire by the teachers. The data were later entered to excel sheets to be sorted later, if there was any missing data the participant was excluded from the final analysis.

After the data collection for this survey, the statistical analysis was done by using IBM SPSS Statistics (IBM Corp. Version 25.0. Armonk, N.Y., USA). The statistics helped to demonstrate the demographics. The categorical variables were denoted with percentages and frequencies. The continuous variables were denoted with the mean \pm standard



Figure 1. Summary of the number of participants involved in the study of statistical analysis from invitation, responses, and geographical region of Baghdad.

deviation, independent t-test and one way ANOVA were used in this study. A p-value lower than 0.05 was considered to be significant (level of significance).

Results

The socio-demographic characteristics of teachers have been demonstrated in Table 1. Teachers from both private ($\approx 58\%$) and public ($\approx 42\%$) schools with $\approx 50\%$ of schools from Baghdad participating in the study (in public school the students fees are paid by the government, while private school the fees are paid by the parents). Participants were primarily female (83%), and reported having a diploma, a bachelor's, or a master's degree. A small percentage had diagnosed asthma (10.7%) or a family history of asthma (22.3%). A majority of respondents were over the age of 30 (65%).

Group		Frequency (N)	Percent (%)
School type	Private	60	58.3
	Public	43	41.7
Place in Baghdad	Karkh	51	49.5
	Rasafa	52	50.5
Sex	Male	18	17.5
	Female	85	82.5
Asthma diagnosis	Yes	11	10.7
	No	92	89.3
Academic achievement	Diploma	40	38.8
	Bachelor of Arts	56	54.4
	Master's degree	7	6.8
Family history of asthma	Yes	23	22.3
	No	80	77.7
Age	<30	36	35.0
	30-39	36	35.0
	40-49	21	20.4
	≥50	10	9.7

Table 1. Socio-demographic characteristics of teachers [Total (N) = 103].

Table 2. Teachers' total knowledge score and the percentage of accurate answers on asthma knowledge (N = 103), Item ("A = Answer").²³

Items	Answer	Correct (%)
1. What are the three main symptoms of asthma? e.g., Coughing, especially at night, wheezing, and shortness of breath	Non-correct	11.7
	One correct	35.9
	Two correct	35.9
	Three correct	16.5
2. More than one in 10 children will have asthma at some time during their childhood.	("A=True")	80.6
3. Children with asthma have abnormally sensitive air passages in their lungs.	("A=True")	88.3
4. If one child in a family has asthma then all his/her brothers and sisters are almost certain to have asthma as well.	("A=False")	85.4
5. Most children with asthma have an increase in mucus production when they drink cow's milk.	("A=False")	6.69
6. Influenza is a common cause or trigger of an asthma attack.	("A=True")	66.0
7. During an attack of asthma, the wheezing may be due to muscles tightening in the wall of the air passages in the lungs.	("A=True")	86.4
8. During an attack of asthma, wheezing may occur due to swelling in the lining of the air passage in the lung.	("A=True")	65.0
9. Asthma damages the heart.	("A=False")	45.6
10. Asthma attacks can be prevented if medications are taken even when there are no symptoms between attacks.	("A=True")	59.2
11. Ventolin inhaler is effective during an attack.	("A=True")	95.1
12. Antibiotics are an important part of treatment for most children with asthma.	("A=False")	35.0
13. Most children with asthma should not eat dairy products.	("A=False")	66.0
14. Allergy injections cure asthma.	("A=False")	64.1
15. If a person dies from an asthma attack, this usually means that the final attack must have begun so quickly that there was no time to start any treatment.	("A=False")	37.9
16. People with asthma usually have nervous problems.	("A=False")	31.1
17. Asthma is infectious (i.e., you can catch it from another person).	("A= False"?)	87.4
18. Inhaled medications for asthma (e.g., Ventolin puffers, rotacaps) have fewer side effects than tablets.	("A=False")	68.9
19. Short courses of oral steroids (such as prednisolone) usually cause significant side effects.	("A=False")	32.0
20. Some asthma treatments (such as Ventolin) damage the heart.	("A=False")	47.6
21. It is better to use inhalers directly, without a holding chamber, so the medication can go more directly to the lungs.	("A=False")	48.5
22. When a child has an asthma attack, it's best to go to the emergency room even if symptoms are mild.	("A=True")	70.9

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Items	Answer	Correct (%)
23. Children with asthma become addicted to their asthma drugs.	("A=False")	34.0
24. Swimming is the only suitable exercise for asthmatics.	("A=False")	43.7
25. Parental smoking may make a child's asthma worse.	("A=True")	94.2
26. With appropriate treatment, most children with asthma should lead a normal life with no restrictions on activity.	("A=True")	86.4
27. The best way to measure the severity of a child's asthma is for the doctor to listen to the child's chest.	("A=False")	24.3
28. Asthma is usually more of a problem at night than during the day.	("A=True")	75.7
29. Most children with asthma will have stunted growth.	("A=False")	86.4
30. Children with frequent asthma should have preventive drugs.	("A=True")	94.2
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Total knowledge score: Mean=20.27, SD=2.97. Asthma knowledge questionnaire is mostly based on an asthma knowledge questionnaire developed by Fitzclarence and Henry,¹² and modified in Al-Motlaq and Sellick (2013)²⁶ with translation as outlined in the methods section.²²

Teachers' total knowledge score and the percentage of accurate answers on the asthma knowledge questionnaire are shown in Table 2. 71% of teachers answered the question 'What are the three main symptoms of asthma?' with either one symptom (35.9%) or two symptoms (35.9%) identified correctly. A relatively smaller number of teachers (16.5%) mentioned all the three symptoms correctly.

The remaining 11 questions (questions 2, 3, 4, 7, 11, 17, 25, 26, 28, and 3) were correctly answered by more than 75% of teachers, and some of those questions are as follows: "More than one in ten children will have asthma at some point during their childhood," "children with asthma have abnormally sensitive air passages in their lungs," and "if one child in a family has asthma, then all his/her brothers and sisters are almost certain to have asthma as well," as well as others.

Additionally, between 50 and 74 percent of teachers correctly responded to the remaining eight questions (questions 5, 6, 8, 10, 13, 14, and 18), some of which are listed below. For example, "during an asthma attack, wheezing may occur due to swelling in the lining of the air passage in the lungs," "most children with asthma have an increase in mucus production when they drink cow's milk," "influenza is a common cause or trigger of an asthma attack," and other similar statements are shown in Table 2.

Asthma damages the heart, antibiotics are a crucial component of treatment for the majority of children with asthma, and "if a person dies from an asthma attack, this usually means that the final attack must have begun so quickly that there was no time to start any treatment" are a few of the questions that were incorrectly answered by less than half of the teachers (questions 9, 12, 15, 16, 19, 20, 21, 23, 24, and 27).

The mean total knowledge score for all the teachers was 20.27 (SD = 2.97). There were no significant differences in asthma-related knowledge scores of teachers based on the types and areas of the schools, age, gender, teachers with an asthma diagnosis, family history of asthma, and academic achievements.

As shown in Table 3, teacher's confidence scores in managing children with asthma ranged from 55.82 to 86.60 for various parameters and a few of those are cited as follows as examples: 'Taking a student on a school camp or excursion', 'helping a student to use their inhaler during an asthma attack', and 'calming a student when they have the difficulty in breathing'. The teacher's confidence score was the highest (86.6) for the parameter 'helping a student to use their inhaler during an asthma attack'. The overall confidence score in managing children with asthma was 81.75. The mean total confidence score considering all the parameters was 72.44 \pm 13.61.

Analysis for the association between the total confidence score and sociodemographic characteristics of primary school teachers was performed and results are shown in Table 4. Female teachers showed a significantly higher mean total confidence score (p = 0.02) than male teachers. Teachers who had a family history of asthma showed a significantly higher mean total confidence score (p = 0.03) than those without such history.

The mean overall confidence score of teachers under 50 years old was substantially greater than that of other age groups (p = 0.003). On the other hand, no connection between instructors' sociodemographic traits and their overall knowledge

Item	Mean	SD
1. Taking a student on a school camp or excursion.	55.83	34.14
2. Helping a student to use their inhaler during an asthma attack.	86.60	18.29
3. Calming a student when they have the difficulty in breathing.	78.74	25.69
4. Keeping asthma from getting worse when the student starts to wheeze or cough.	72.72	24.42
5. Handling an asthma attack rather than taking the student to the hospital.	55.73	28.92
6. Giving the appropriate medications to the student during an asthma attack.	71.84	27.47
7. Knowing when the student requires medical assistance.	68.25	27.02
8. Helping a student avoid things they are allergic to.	80.58	24.40
9. Your overall confidence in managing children with asthma.	81.75	22.81

Table 3. Teachers' confidence scores regarding the management of asthmatic children (N = 103).²⁴

Total confidence score: Mean=72.44, SD=13.61. SD=Standard deviation. Each item for assessing teachers' confidence scores is mostly based on parameters developed by Fitzclarence and Henry,¹² and modified in Al-Motlaq and Sellick (2013).^{20,23}

Characteristics		Ν	Total confidence score (Mean \pm SD)	<i>p</i> -value
School type	Private	60	70.9 ± 13.7	0.19 ^a
	Public	43	74.5 ± 13.4	
Place in Baghdad	Karkh	51	$\textbf{72.0} \pm \textbf{14.2}$	0.74 ^a
	Rasafa	52	$\textbf{72.9} \pm \textbf{13.2}$	
Gender	Male	18	66.2 ± 12.0	0.02 ^a
	Female	85	$\textbf{73.8} \pm \textbf{13.6}$	
Diagnosed with asthma	Yes	11	$\textbf{77.3} \pm \textbf{11.3}$	0.17 ^a
	No	92	71.9 ± 13.8	
Academic achievement	Diploma	40	70.1 ± 14.0	0.37 ^b
	BA	56	73.8 ± 13.3	
	Master degree	7	75.1 ± 14.2	
Family history of asthma	Yes	23	$\textbf{77.2} \pm \textbf{10.7}$	0.03 ^a
	No	80	71.1 ± 14.1	
Age	<30	36	73.2 ± 13.4	0.003 ^b
	30-39	36	67.2 ± 13.2	
	40-49	21	74.6 ± 12.6	
	≥50	10	84.2 ± 9.9	

Table 4. Association between the total confidence score and sociodemographic characteristics of primary school teachers.

^aIndependent Sample T-Test. ^bANOVA.

Table 5. Association between the total knowledge score and sociodemographic characteristics of primary school teachers.

Characteristics		N	Total knowledge score (Mean \pm SD)	р
School type	Private	60	20.3 ± 2.7	0.82
	Public	43	20.2 ± 3.3	
Place in Baghdad	Karkh	51	20.5 ± 3.3	0.26
	Rasafa	52	20.0 ± 2.7	
Gender	Male	18	19.7 ± 3.3	0.36
	Female	85	20.4 ± 2.9	
Asthma diagnosis	Yes	11	20.2 ± 2.2	0.94
-	No	92	20.3 ± 3.1	
Academic achievement	Diploma	40	19.9 ± 3.2	0.63
	BA	56	20.4 ± 2.9	
	Master degree	7	21.1 ± 2.5	
Family history of asthma	Yes	23	20.3 ± 3.2	0.64
	No	80	20.3 ± 2.9	
Age	<30	36	20.3 ± 2.1	0.92
	30-39	36	20.1 ± 3.6	
	40-49	21	20.3 ± 3.1	
	≥50	10	20.9 ± 3.3	

score was shown to be significant (Table 5). Further investigation revealed no significant link (r = 0.02, p = 0.82) between the overall confidence scores and the total knowledge scores among primary school instructors.

Discussion

School teachers have a responsibility to take care of children when they are at school, thus they need to be knowledgeable about asthma and to be confident about helping children suffering from asthma. School teachers' knowledge about asthma may make a difference in the health condition of asthmatic children. Plenty of studies indicate that schoolteachers have limited knowledge about asthma.^{16–18}

In the present study, the mean total knowledge score [20.27 (SD = 2.97)] about asthma for all the teachers appears to be relatively good in comparison with other studies. Though the teachers' knowledge score appears to be relatively better than that which was observed in a study conducted by Gibson *et al.*,¹⁹ (knowledge score = 14.90)' the study was conducted in New South Wales, Australia and included 1,104 teachers and 4,161 students in 1995. But it was less than that (26.3) observed in a study conducted by Mohammad Al-Motlaq *et al.*,²⁰ in Australia. Thus, it indicates key gaps in the knowledge about asthma in the schoolteachers involved in the present study.^{19,20}

The current study indicates that teachers' knowledge scores about asthma are not related to different variables viz. types and areas of the schools, age, gender, teachers with an asthma diagnosis, family history of asthma, and academic achievements. It indicates that these variables did not play a role as confounding variables.

In the current study, the overall confidence score was 81.75 in managing children with asthma. 65% of teachers were in the age group of above 30 years of age. Their maturity levels and experience may have contributed to a higher confidence score in the management of children with asthma. A finding from the current study also demonstrates a significantly higher mean total confidence score in teachers who had a family history of asthma, which is similar to that observed in the study conducted by Al-Motlaq *et al.*²⁰ However, unlike the study by Al-Motlaq *et al.*, female teachers showed a significantly higher mean total confidence score than male teachers in the present study.²⁰ Thus, there could be some other factors that may have contributed to a significantly higher mean total confidence score in female teachers.

The mean total confidence score in managing children with asthma was 72.44 (SD 13.61) in the present study appears to be slightly greater than that observed in a study conducted by Mohammad Al-Motlaq *et al.*, in the Gippsland region of Victoria in Australia.²⁰ Though the mean confidence score with an item 'your overall confidence in managing children with asthma' was 81.75 (SD 22.81), an approximate score of '55' with other parameters must have contributed in causing the mean total confidence score in the current study. Responses to these lower score parameters suggest areas for further improvement in the total confidence score of schoolteachers through education and training sessions.

It is encouraging to know that the knowledge related to asthma and confidence of teachers in the management of children with asthma were relatively satisfactory in the present study considering the results from other studies.^{19,20} However, training should be recommended to improve teachers' knowledge score and such training may also help to take teachers' confidence in managing children with asthma to the next level.

The limitations of this study are as mentioned previously; the study adopted an asthma knowledge questionnaire amended by Al-Motlaq and Sellick (2013) and was originally developed by Fitzclarence *et al.*,¹² from the University of Newcastle, New South Wales, Australia with a translation into Arabic as outlined in the methods section. However, the asthma knowledge questionnaire was not pre-tested considering that the original version was validated in the Fitzclarence *et al.*,¹² study and there were only minor amendments involved.²² However, the amended questionnaire used in this study from Al-Motlaq and Sellick (2013) was not validated in their study.

Conclusions

This study suggests that teachers from schools in Baghdad appear to be reasonably self-confident in helping to manage children with asthma. However, training may be recommended to improve teachers' knowledge score and such training may help to take teachers' confidence in the management of children with asthma to the next level.

Data availability Extended data Zenodo: The modified Newcastle Asthma Knowledge Questionnaire. https://doi.org/10.5281/zenodo.5837458.²² This project contains the following extended data:

- Arabic translation.pdf. (The amended Newcastle Asthma Knowledge Questionnaire translated into Arabic for this study).
- Mohammad Al-Motlaq.png. (Amended Newcastle Asthma knowledge questionnaire from Al-Motlaq and Sellick (2013) in original English).

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

Zenodo. Confidence score (Arabic and English version). https://doi.org/10.5281/zenodo.6331672.²³

This project contains the following extended data:

• Confidence scores questionnaire (In PDF and Word format).

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

Reporting guidelines

Zenodo: SRQR checklist for 'Awareness of Asthma and Its Management in Primary School Teachers of Baghdad, Iraq'. https://doi.org/10.5281/zenodo.6090314.²⁴

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

Authors' contributions

MRS provided the conception, design, analysis or interpretation of data, AYA and HAF contributed to the writing and final drafting of the manuscript. All authors have critically reviewed and approved the final draft and are responsible for the content and similarity index of the manuscript.

Acknowledgements

I acknowledge my colleagues Mohammed Khaleel Lafta, and Israa Ali Jawad for their appreciated effort in supporting this study during the data collection process.

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Current Peer Review Status: 💙

Version 1

Reviewer Report 22 June 2022

https://doi.org/10.5256/f1000research.77150.r140322

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Kosisochi Amorha 匝

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GENERAL COMMENTS

Asthma is a common chronic disease in children. Children in primary school are usually dependent on their parents or caregivers. However, this responsibility shifts to the teachers when these children are in school. In acute asthma attacks, first responders who are knowledgeable and confident can prevent asthma-related deaths. The authors assessed the level of knowledge and confidence that primary school teachers in Baghdad, Iraq, have in managing school children with asthma. The relevance of this study is further buttressed by the findings of a previous study which reported that more than four-fifths of primary school children in Baghdad were diagnosed of asthma.

Overall, the article is well-written. The findings of the research add to the body of knowledge. The recommendation of training of primary school teachers in the management of asthma cannot be overemphasized. Despite the knowledge-base of the teachers and their confidence in managing asthma being relatively satisfactory, there is always room for improvement.

OTHER POINTS

Few observations are outlined below:

Abstract

- Results: Note: Do not start a sentence with figures.
- Arrange keywords in alphabetical order.

Methods

- Page 3 (Participant recruitment): ...in <u>both parts</u> of Baghdad (Karkh and Rusafa)...
- Page 4 (Data collection and follow-up): Include level of statistical significance, with respect to *p*-value. This is necessary so readers can understand the implications of the p-values in

the Results section.

Results

• Page 5: <u>More than half</u> (71%) of teachers answered... (*Note: Do not start a sentence with figures*).

Discussion

- Page 10: <u>More than three-fifths (65%)</u> of the teachers were in the age group of above 30 years of age. (*Note: Do not start a sentence with figures*).
- Page 10: ... were considered, based on convenience sampling.

Is the work clearly and accurately presented and does it cite the current literature? $\ensuremath{\mathsf{Yes}}$

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

If applicable, is the statistical analysis and its interpretation appropriate? $\ensuremath{\mathsf{Yes}}$

Are all the source data underlying the results available to ensure full reproducibility? $\ensuremath{\mathsf{Yes}}$

Are the conclusions drawn adequately supported by the results? Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Clinical Pharmacy

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 04 May 2022

https://doi.org/10.5256/f1000research.77150.r129353

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Ramadan M. Elkalmi 匝

Faculty of Medicine, Sebha University, Sebha, Libya

I found it interesting to review this article on "Awareness of asthma and its management in primary school teachers in Baghdad, Iraq"

Abstract

Methods: the authors need to improve the methods in a way to give clear views about the methods, i.e. some of the methods' issues have been presented in the results, which could affect the scholarly of the manuscript. In general, rearrangement of the abstract, paragraphs is advised.

Introduction:

The approach of leading your reader from the Awareness of Asthma and its management in primary school teachers to the goal of this paper was good.

However, Construction and rearrangement of the last paragraph are recommended as;

"Various studies have reported that schoolteachers have inadequate awareness about Asthma and asthma management among school children.^{8–11} Therefore, it is recommended to train schoolteachers on specific aspects of Asthma and its management for school children. Therefore, we aimed to conduct this survey among primary school teachers in Baghdad, Iraq, to assess their knowledge about Asthma and confidence in managing school children with Asthma. The study aims to assess teachers' current knowledge about Asthma and to infer the need for teacher training around Asthma and asthma management in schoolchildren."

Methods:

This section is well written, but you still need to arrange the sections to give an overview of the study design clearly, to ease the reader's follow-up and understanding of the steps of the study execution and avoid any ambiguity.

Discussion:

Although the discussion section is well written, the summary of the article was good, and the comparisons were relatively coherent.

Technically: There is a clear and significant influence of the study of Mohammad Al-Motlaq on the design and theoretical frame of this study. Adding more references on the same topic at the national or regional level is imperative to give a closer picture of Asthma and its management in Iraq schools.

Is the work clearly and accurately presented and does it cite the current literature? $\ensuremath{\mathsf{Yes}}$

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

If applicable, is the statistical analysis and its interpretation appropriate?

Yes

Are all the source data underlying the results available to ensure full reproducibility? Yes

Are the conclusions drawn adequately supported by the results? Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Clinical pharmacy practic

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Author Response 24 May 2022

Muhannad R. M. Salih, Al Rasheed University College, Baghdad, Iraq

Dear Reviewer Greetings Thank you for your remarks.

Regarding the abstract:

We have separated the sentence in the results that is best represented in the methods in the abstract.

Regarding the introduction:

We have rearranged the last paragraph as recommended :

"Various studies have reported that schoolteachers have inadequate awareness about Asthma and asthma management among school children.^{8–11} Therefore, it is recommended to train schoolteachers on specific aspects of Asthma and its management for school children. Therefore, we aimed to conduct this survey among primary school teachers in Baghdad, Iraq, to assess their knowledge about Asthma and confidence in managing school children with Asthma. The study aims to assess teachers' current knowledge about Asthma and to infer the need for teacher training around Asthma and asthma management in schoolchildren."

Regarding the methods:

We rearrange it according to instructions.

Regarding the discussion: We rearrange it according to instructions.

Thank you for your notes

Competing Interests: No competing interests were disclosed.

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