

TOXICOLOGY STUDIES

Toxicology Lab. 4th Stage / 2nd semester (2020 – 2021)

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Importance of Toxicology Studies:

Why pre-clinical toxicology studies are required before administered to humans?

- Toxicological screening is very important for the development of new drugs and extension of the therapeutic potential of existing molecules
- Benefit to risk ratio can be calculated
- Prediction of therapeutic index/ safety window (median lethal dose/median effective dose)
- Toxic effect in species will predict adverse effects in man
- Risk assessment can be made by comparison of toxic doses in test species with predicted therapeutic dose in man

Types of Toxicology Studies:

- 1. Systemic toxicity studies:
 - Acute toxicity (single dose exposure)
 - Sub-acute & chronic toxicities (repeated exposure)
- 2. Reproductive toxicity studies:
 - Male fertility
 - Female reproductive and developmental studies
- 3. Local toxicity studies
- 4. Hypersensitivity studies
- 5. Genotoxicity studies
- 6. Carcinogenicity studies

1- systemic toxicity studies:

A. Acute toxicity study (single exposure):

 Definition: toxicity produced by any chemical substance which is administered as single dose over a period of time not exceeding 24 hr

- Aim of acute toxicity study:

- Determination of LD50 and Therapeutic Index (TI)
- Provide information for possible target organ toxicity and further delayed toxicity
- Provide information for the design and dose selection for prolonged studies
- Provide valuable information to the clinician for the prediction, diagnosis and treatment for acute over dose of chemicals
- Classification and labeling of chemicals for regulatory purposes

- Criteria required for this test:

- Animals used are either rodents (mice or rats) or non-rodents (dogs, cats, monkeys, etc...)
- Each groups must contain both genders (male & female) of the selected animal species (eg: 5/sex/dose)
- Single high dose of the test substance is administered for all the animals during a period of 24 hr
- Route of administration for test chemicals is (oral) or IV (if possible and the chemical is pure)
- Duration of the study is 14 days



- B. Repeated dose exposure (sub-acute and chronic toxicities):
 - <u>Sub-acute toxicity studies:</u>

Aim:

- Designed to determine the organs affected by different dose levels
- Determine the maximum tolerable dose (MTD) and the nature of toxicity

Criteria required for this test:

- Animals/ rodents and non-rodent species are used (5/sex/dose)
- Doses are generally selected on the basis of information obtained in acute toxicity studies using both LD50 and the slope of the dose response curve.
- Route of administration/ the test chemical is given orally or by other routes (if possible)
- Duration of exposure is usually 14 28 days
- The test chemical is administered on daily bases for 14 days
- The study is performed at 4 dose levels (high, intermediate, low, and vehicle)

- <u>Sub-chronic & chronic toxicity studies:</u>

Aim:

- To evaluate the cumulative toxicity of chemicals
- To assess carcinogenic potentials

Criteria required for this test:

- Animals/ rodents and non-rodent species are used (5/sex/dose) or more
- Doses are generally selected on the basis of information obtained in acute toxicity studies using both LD50 and the slope of the dose response curve.
- Route of administration/ the test chemical is given orally or by other routes (if possible)
- Duration of exposure is usually (1 3 months) for sub-chronic toxicity, (6 24 months) for chronic toxicity
- The test chemical is administered on daily bases till the end of the study
- The study is performed at 4 dose levels (high, intermediate, low, and vehicle)



For single exposure (acute toxicity):

- Animals must be observed daily for 14 days after administration of the test substance
- Parameters that must be observed are:
 - mortalities, (most important)
 - general appearance of the animal,
 - weight,
 - food intake,
 - any abnormal clinical signs)
- Gross <u>necroscopy</u> must be performed on all animals (those found dead or sacrificed at the end of the experiment)
- At the end of the study, different tissue specimen are collected for histological examination, blood samples are also collected for biochemical analysis

For Repeated exposure:

- Animals must be observed daily for the first 14 days, then once weekly
- Observation are recorded for each animal individually for clinical signs of toxicity
- Mortalities, body weight, food consumption, water intake, urine examination, and stool examination are recorded weekly
- Blood samples collected monthly and at the end of the study for hematology and biochemical analysis
- Animals found dead during the examination should be examined as soon as possible in an attempt to identify the cause of death and severity of toxic changes present
- At the end of the study, surviving animals are sacrificed and different organs and tissues are harvested for histopathological examination

2- Reproductive Toxicity Studies:

- A type of repeated exposure study
- Duration of exposure (1 3 months)
- Aims to assess the toxic effect of test chemical on the reproductive system of male and female animal species
- For male animal species/ weight of testis and epididymis is recorded, histology examination, sperm examination for motility and morphological changes
- For female animal species/ fertility and reproductive performance, teratogenicity, embryonic development and growth disturbances



3- Local Toxicity Studies:

- A type of repeated exposure studies
- Route of administration/ any route (other than the oral) including:
 - Dermal
 - Vaginal
 - Rectal
 - Ocular
 - Inhalation
 - Parenteral (IM, SC, ID)
- Observational signs:
 - Erythema, swelling, pain and itching
 - Mucus secretions, discharge, blood
 - Vaginal and rectal tissue histology
 - Ocular/ changes in cornea, iris, aqueous humor
 - Inhalation/ changes in RR, mucus secretions, lung tissue histology





4- Hypersensitivity Studies:

- A type of acute toxicity (single exposure) study
- Uses:
 - to evaluate the development of erythema, oedema, pain and itching
 - Determine the maximum irritant dose, maximum non-irritant dose
- The test chemical is usually applied on the skin
- Lymph node near the application area are examined regularly for enlargement and swelling
- At the end of the experiment, blood samples are collected, skin tissues and lymph nodes for histopathological examination

5- Genotoxicity (Mutagenicity) Studies:

- Aims to detect the tumorigenic effects of certain cases of chronic illness or chronic use of medications
- It depends of the ability of tissue cells to adapt and repair, <u>specially</u> the ability of the DNA repair mechanisms to detect any mutations and initiate repair
- Performed by two assays:
 - In vitro tests:
 - Test for gene mutations in bacteria
 - Cytogenetic evaluation of chromosomal damage in mammalian cells
 - In vivo tests:
 - Chromosome damage in rodents hematopoietic cells

6- Carcinogenicity Studies:

- A type of repeated exposure toxicity
- Exposure to a test chemical with a chemical structure that indicates carcinogenic potentials
- Duration of study is usually (18 24) months depending on the life span of the animal species
- Observation for any gross morphological changes, then histopathological examination of different tissues and organs

The Experiment Determination of LD50



Determination of LD50:

- The amount of a toxic agent that is sufficient to kill 50 percent of a population of animals usually within a certain time
- Also called <u>median lethal dose</u>
- Expressed as milligrams of substance per kilogram of body mass (mg/kg)
- A measure of acute toxicity



Chemical A: $LD_{50} = 3.2 \text{ mg/kg}$ Chemical B: $LD_{50} = 48 \text{ mg/kg}$

Which is more toxic?

■ <u>The purpose of measuring or studying the LD50:</u>

- to compare the toxic potency or intensity of different chemicals
- The LD50 gives a measure of the immediate or acute toxicity of a chemical in the strain, sex, and age group of a particular animal species being tested. (Changing any of these variables (e.g., type animal or age) could result in finding a different LD50 value.) why?
- As an aid in developing emergency procedures in case of a major spill or accident.
- To help develop guidelines for the use of appropriate safety clothing and equipment
- For the development of transportation regulations.
- As an aid in establishing occupational exposure limits.
- As a part of the information in Safety Data Sheets.

Methods used for measuring the LD50:

- Graphical method, arithmetical method and statistical approach (limitation for these methods is the number of animals is small):
 - Karber method
 - Miller and Tainter method
 - Reed-Muench method
- Other alternative methods for measuring the LD50:
 - Fixed Dose Procedure (FDP): This method does not use death as an endpoint, instead it uses the observation of clear signs of toxicity developed at one of a series of fixed dose levels to estimate the LD50.
 - Acute Toxic Class method (ATC): This method does not use death as the only endpoint, it also uses signs of toxicity in its stepwise approach to estimating the LD50.
 - Up-and-Down Procedure (UDP): This method does still use death as an endpoint, but doses animals one at a time to see if the dose needs to be put up or down to achieve an estimate of the LD50 therefore giving the minimum number of animals a lethal dose of the test substance.

Signs recorded during acute toxicity studies:

- motor activity
- Anesthesia
- Tremors
- arching and rolling
- clonic convulsions
- tonic extension
- Lacrimation
- salivation
- Straub reaction

- muscle spasm
- Writhing
- Hyperesthesia
- loss of righting reflex
- Depression
- Sedation & hypnosis
- Blanching
- Ataxia
- Analgesia

Materials & Methods:

- Insulin syringes
- Sensitive digital balance
- Calculator
- Albino mice (male & female)
- Test substance (to determine the LD50)







Method (Procedure):

- Put 4 albino mice of both sexes (male and female) in separate cages
- Observe the general appearance and vital signs of the animal
- Weigh each mouse then take the average weight (weight of all test animals is preferably similar)
- Calculate the required dose that must be administered according to body weight
- Administer the test substance by IP route to each mice
- Record the number of dead animals within an hour of the test substance administration
- Observe and record any abnormal behavior, tremor and seizures

Objective of the experiment:

To determine the Median Lethal Dose of the test substance introduced on mice intraperitoneally



Calculating the correct dose:

Test substance: Phenobarbital

available as 200mg/1ml amp.

Make a (stock sol.) of phenobarbital >>> dilute 200mg in 10ml of DW or NS (final conc. <u>20mg/ml)</u>

LD50 for phenobarbital = 150 mg/kg route of admin. = IP

Let us assume that the <u>Wt.</u> of the test animal (mouse) = <u>32.8gm</u>. How to calculate the correct dose that must be administered?

1000gm 150mg

Х 32.8gm >>> X = 4.92mg

Note: each 1ml = 100 IU

20mg 100 IU

4.92mg Х X = 24.6 IU (the correct dose administered as IP) >>>

THANK YOU