

## **-lecture-13**

### **Community Health Nursing Department Home Health Care Services**

Learning Objectives-

1. Define Home Health Care Services and Home Health Care Nursing.
2. Identify the Team Members of Home Health Care Services.
3. List the Types of Clients Needing Home Health Care Services.
5. Describe the Roles and Functions of Community Health Nurse in Providing Home Health Care Services.

#### **Definition of Terms-**

**Home Health Care Services** - They are the health services provided to individuals and families in their places of residence for the purpose of promoting, maintaining or restoring health, or of maximizing the level of independence, while minimizing illness. Services appropriate to the need of the patient and family are planned, coordinated, and made available by providers organized for the delivery of home care through the use of employed staff.

**Home Health Care Nursing**- It is a nursing specialty in which nurses provide multidimensional home care to patients of all ages. Home health care is a cost efficient way to deliver quality care in the convenience of the client's home. Home health nurses create care plans to achieve goals based on the client's diagnosis.

#### **Team Members of Home Health Care Services-**

The following people are the medical and nursing professionals with whom the client will interact with on a daily basis. Compassion, dignity and respect for client needs are their guiding principles for the relationship these individuals develop with clients and their families.

Attending Physician- The attending physician has responsibility for all decisions made that affect your care.

-Residents, Interns and House Staff. - Specialists (physicians).- Nurse Manager.

- Registered Nurses.

- Licensed Practical Nurses.

-Nurse Practitioners and Physician's Assistants.

- Patient Advocate.

-Patient Care Technicians.

-Social Worker. -Dietitian. -

Therapists Interpreters- An interpreter is available to provide interpretation between, patients, providers, and family members. Interpreter Services helps to facilitate language access for Deaf and Hard of Hearing individuals and people whose primary language is not their mother language.

### **The Home Care Clients Needing Home Health Care Services-**

The largest population needing home care is the elderly because dependency increases with age, dramatically so after 75. Besides the elderly and long term care populations, another group needing home care is discharged acute care patients. Others include babies and children with disabilities or individuals sent with monitors medication, IVs and various therapies. Some, such as children, women, and drug users have additional special needs.

Another sub population receiving home health services is “wellness home care market”. These clients do not require medical care but have concerns about their health and well-being and are receptive to health promotion and illness prevention strategies. They use services such as diagnostic testing and screening(for e.g. blood pressure monitoring); and illness prevention (for e.g. information about exercise and stress management). Chronic epileptic patient, handicapped mentally and physically, terminally ill patients etc.

### **Roles and Functions of Community Health Nurse In the Home Health Care Services-**

Planner/Programmer-

- a. Identifies needs, priorities, and problems of individuals, families, and communities.
- b. Formulates municipal health plan in the absence of a medical doctor.
- c. Interprets and implements nursing plan, program policies and circular for the concerned staff personnel.
- d. Provides technical assistance to rural health midwives in health matters.

### **Provider of Nursing Care-**

- a. Provides direct nursing care to sick or disabled in the home, clinic, or workplace.
- b. Develops the family's capability to take care of the sick, disabled, or dependent member.

### **Community Organizer-**

- a. Motivates and enhances community participation in terms of planning, organizing, implementing, and evaluating health services.
- b. Initiates and participates in community development activities.

### **Coordinator of Services-**

- a. Coordinates with individuals, families, and groups for health related services provided by various members of the health team.
- b. Coordinates nursing program with other health programs like environmental sanitation, health education, dental health, and mental health.

### **Trainer/Health Educator-**

- a. Conducts pre and post-consultation conferences for clinic clients.
- b. Acts as a resource speaker on health and health related services.
- c. Initiates the use of tri-media (radio/TV, cinema plugs, and print ads) for health education purposes.
- d. Conducts pre-marital counseling.

### **Health Monitor-**

- a. Detects deviation from health of individuals, families, groups, and communities through contacts/visits with them.

### **Role Model-**

- a. Provides good example of healthful living to the members of the community and for the people in need.

### **Change Agent-**

- a. Motivates changes in health behavior in individuals, families, groups, and communities that also include lifestyle in order to promote and maintain health.

### **Recorder/Reporter/Statistician-**

- a. Prepares and submits required reports and records.
- b. Maintain adequate, accurate, and complete recording and reporting.c.Reviews, validates, consolidates, analyzes, and interprets all records and reports.
- d. Prepares statistical data/chart and other data presentation.

### **Researcher-**

- a. Participates in the conduct of survey studies and researches on nursing and health-related subjects.
- b. Coordinates with government and non-government organization in the implementation of studies/research.