Characteristic of profession



Nursing is a healthcare profession that focuses on the care of individuals and their families to help them recover from:

- *illness.
- *maintain optimal health.
- *quality of life.

Profession: is defined as a vocation requiring advanced training and usually involving mental rather than manual work, as teaching, especially medicine.

The American Nurses Association (ANA) described nursing as a profession that focuses on protecting, enhancing and improving health and human being's vital capacity, preventing disease and injury, maintaining the optimum level of wellbeing, and relieving pain

Characteristics of Profession(RN)

1. Caring is central to the practice of the registered nurse.

Professional nursing promotes healing and health in a way that builds a relationship between nurse and patient

2- Nursing practice is individualized. Nursing practice respects diversity and focuses on identifying the needs of the healthcare consumer.

Healthcare consumer: is defined to be the patient, per son, client, family, group, community, or population who is the focus of attention and to whom the registered nurse is providing services.

3- Registered nurses use the nursing process to plan and provide care for healthcare consumers.

Nurses use theoretical knowledge responses to collaborate with healthcare consumers to assess, diagnose, identify outcomes, plan, implement, and evaluate care that has been individualized to achieve the best outcomes.

4- Nurses coordinate care by establishing partnerships.

The registered nurse is responsible for communicating and advocating for the planning and care coordination focused on the healthcare consumer, families.

- 5- Professional nurses have an ethical obligation to:
- 1- Provide quality health care.
- 2-Achieve optimal outcomes.